



# PowerTouch

MASSAGE THERAPY

## Musculoskeletal issues

Please indicate on chart below any areas of pain that you experience, eg osteoarthritis, back ache, muscle strains. Also use this chart to mark up any scars or old injuries that you have had. Examples are:

**Head:** dental implants, broken nose, concussion movement

**Neck:** whiplash, cervical fusion, reduced

**Shoulders:** rotator cuff, impingement, frozen shoulder  
**Trunk:** broken ribs, belly button piercing  
spondylolisthesis

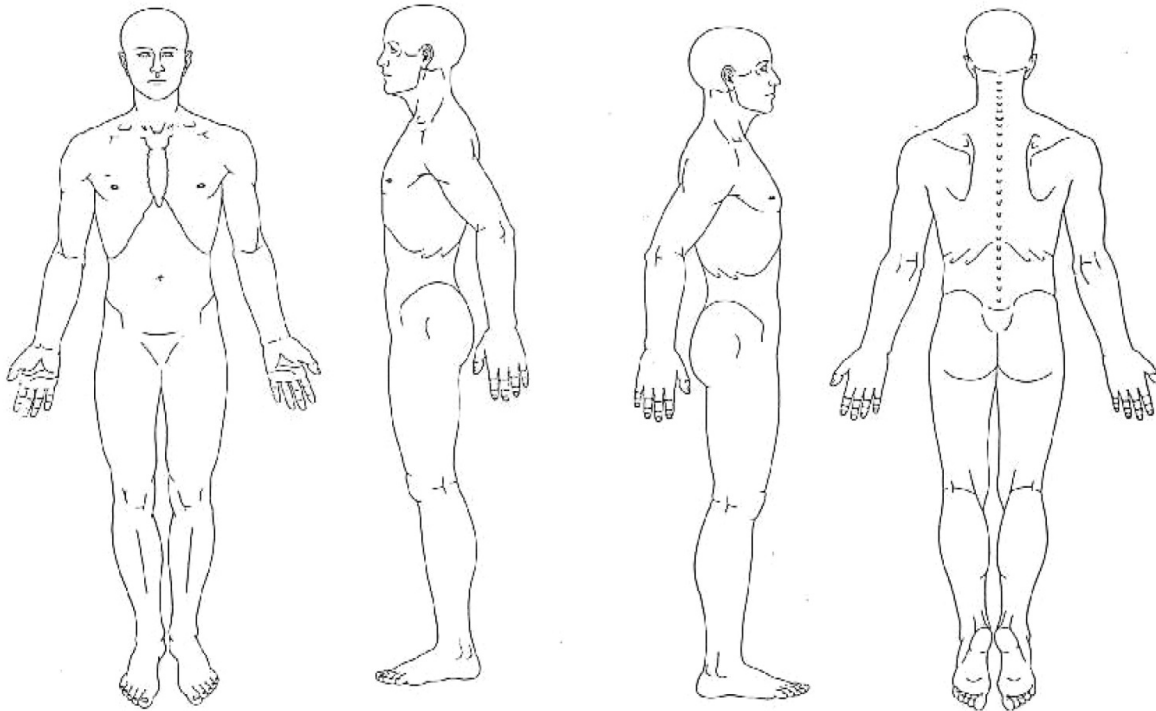
**Arms and hands:** broken bones, carpal tunnel

**Back:** lumbar disc problems, sciatica,

**Hips:** impingement, partial/full hip replacement,

**Knee:** pain, replacement, ligament damage

**Legs:** ITB, groin strain, breaks  
**Ankle:** sprain, pinned  
**Feet:** bunions, Morton's neuroma, high or low arches



Additional comments: